

2020 考研英语（一）真题大作文参考范文（良好的时间管理习惯）

来源：文都教育

2020 考研英语于今日下午正式结束。不管各位同学发挥得如何，都请不要在所有考试结束前对答案，以免影响心情，进而影响到接下来的考试。文都教育考研英语辅导老师现将 2020 考研英语（一）大作文的参考范文及译文分享给大家，方便各位在考试结束后了解自己的写作情况。

【参考范文】

Portrayed distinctively by the two cartoons above is an impressive scene: a girl in the left picture is doing homework and saying that early completion is better. Nevertheless, the boy in the right picture is sitting in front of the desk and saying that he will not finish the homework until the last minute.

Undoubtedly, the symbolic implication of the pictures is to show us that importance should be attached to the formation of good habits, especially the good habit of time management. On the one hand, efficient time management is critical to personal development. As the old saying goes, "Time is money," and in the fast-paced modern life, it seems that we always have a lot of things to do and we are very busy. In the face of such a situation, we have to realize that efficiency holds the key to saving time and time management skills hold the key to personal success. On the other hand, good time management habits play a vital role in the development of the whole society. There is no doubt that, to a large extent, social progress is closely related to the efforts of each individual. If we can develop the good habit of time management, we are much more likely to improve efficiency and have a better performance in the learning and working process, which is an integral part of social advances and prosperity.

From what has been mentioned above, we can come to the conclusion that the sense of efficient time management skills is of equal importance in personal and social progress. Therefore, we ought to take advantage of the phenomenon to enlighten the public and the press is expected to take a lead in advertising the value of developing good time management habits. Only in this way can we have a bright future.

【参考范文译文】

上面两幅漫画所描绘的是一个令人印象深刻的画面：左图中的一个女孩正在做作业，

她说早完成比较好。然而，右图中的男孩正坐在书桌前，说他要到最后一分钟才会完成。

毫无疑问，这两幅图的象征意义是：我们应该重视好习惯的养成，尤其是时间管理方面的好习惯。一方面，高效的时间管理对个人发展至关重要。俗话说，“时间就是金钱”，在快节奏的现代生活中，我们似乎总是有很多事情要做，很忙。面对这种情况，我们必须认识到，效率是节省时间的关键，而且时间管理技能是个人成功的关键。另一方面，良好的时间管理习惯对整个社会的发展起着至关重要的作用。毋庸置疑，社会进步在很大程度上与每个人的努力密切相关。如果我们能养成良好的时间管理习惯，我们就更有可能提高效率，在学习和工作过程中有更好的表现，这是社会进步和繁荣发展不可分割的一部分。

综上所述，可得出如下结论：高效的时间管理对于个人和社会的进步同等重要。因此，我们应该利用这一现象来启发公众，而媒体应该带头宣传养成良好的时间管理习惯的价值。只有这样，我们才能拥有一个光明的未来。

以上就是文都教育考研英语辅导老师提供的 2020 考研英语（一）真题大作文的参考范文和相应译文，希望对大家的写作有所帮助，最后，祝大家取得理想的成绩！